

Homeopathy FAQs

Who can benefit from homeopathy?

Since homeopathy is used to strengthen vitality rather than treat illness, anyone can benefit from homeopathic care.

Homeopathy does not cure disease, nor is it a substitute for good health habits or medical care. Homeopathy can, however, support people during acute and chronic situations. Visit your local natural products store to find acute homeopathic remedies to help during vomiting or diarrhea, for exam, when the vitality is temporarily weakened. For long-standing, chronic weakness, a constitutional consultation with a homeopathic practitioner is necessary to understand a person's total state.



What is a homeopathic remedy?

Homeopathic remedies are derived from simple plant, animal product, and mineral sources. The natural substances are prepared by repeated processes of dilution and succussion. Tiny milk sugar pellets are dropper soaked with the prepared liquid remedy to make the homeopathic remedies sold in stores. Homeopathic remedies are made at FDA-regulated homeopathic pharmacies, according to high purity standards. Remedies are available over-the-counter at most natural product stores.



What is the homeopathic consultation like?

During the approximately two-hour initial homeopathic constitutional consultation, the homeopathic practitioner listens to and asks questions about a client's total state characteristics truly unique to the client. The practitioner writes down all information, as stated in the client's own words, and uses the details later during case analysis. Within three to seven days, the practitioner recommends the homeopathic remedy that best matches the client's total state. Shorter follow-up consultations (usually about 45 minutes to an hour) are scheduled as needed to track the vitality's response.

